bundeenaCSC FEB | MAR | 2022

experience the romance



The RESERVE ROOM CELEBRATIONS | WEDDINGS | EVENTS

FOR THE LOVE OF CURRY

www.bundeenacsc.com.au

CELEBRATIONS | WEDDINGS | EVENTS



Located on the lower ground level of Bundeena CSC, The Reserve Room is a modern function space offering a full bar, professional catering, a large projector screen, outdoor area and ample parking. The Reserve Room can comfortably cater for up to 100 guests. Flexible packages can be designed to suit any occasion. Why not plan your next special celebration at The Reserve Room?

MEMBERS ONLY OFFER SAVE \$500





The RESERVE ROOM

(scan QR code for more information)

ENQUIRE TODAY! P 9523 2115 | E info@bundeenacsc.com.au

WHY EATING OUT IS GREAT

BY JADE WAITE, HEAD CHEF AT BUNDEENA CSC



his is my theory of why you should eat out, or why you can't get the same in-depth flavour at home that you do in restaurants.

There are a few reasons. First, we always ensure our ingredients are of the highest quality. Particularly, when it comes to fruit and vegetables, these come fresh and straight from the markets via our suppliers.

After previously working on a farm in Mildura, I found myself in many roles, from picking to packing to supervising. During this time, I learnt about where all these fruit and vegetables end up. Mainstream supermarkets desire those that are not quite ripe yet for storage. Here, even the ones with slight defects are rejected by the supermarkets.

On the other hand, the best fruit and vegetables that have been on the trees the longest, and therefore the most ripe and sweetest, go straight to the markets to be sold to people like us, restaurants, providores, or your local fruit and vegetable store. Secondly, restaurants use powerful and expensive equipment when cooking. Getting a sear on your food is very important. Most households won't have the extra hot gas burners and quality cast iron pans that we use in a commercial kitchen. This browning method creates the desirable flavours through the Maillard reaction.

The appearance, texture and taste of wellseared food makes it not only more appealing to the eye but for a more interesting palate.

Thirdly, creating the same restaurant flavour would cost you much more at home. Particularly since we make our specialty sauces from scratch here at Bundeena CSC. For example, to make our classic and simple chilli tomato mussel hot pot it takes approximately over 27 different ingredients from start to finish!

And the final reason why eating out is great? Why of course, it's the best part of all - there's absolutely no washing up!

> & DISC@VER NSW

DINE & DISCOVER VOUCHERS EXTENDED TILL 30 JUNE 2022

OUR ALENTINE Sun 13 & Mon 14 February

3 COURSE SET MENU FOR 2

\$120 members | \$130 non-members Includes a bottle of sparkling wine

plus

Sun 13 | FREE live entertainment from 3pm Mon 14 | \$12 cosmopolitan cocktails all day

ENTREE | TO SHARE

Roe-martic seafood cocktail

MAIN CHOICE OF 2

Clam linguine, creamy white wine sauce, shaved parmesan -OR-

Chestnut and porcini crusted veal cutlet, chargrilled asparagus, creamy truffle and parmesan mash, rich wine jus

DESSERT | TO SHARE

Persian love cake, with rose petal, locally sourced pistachio gelato, meringue kisses, persian fairy floss

BOOK NOW | email info@bundeenacsc.com.au

ST PAT'S DAY & DINING SPECIALS

THURS 17 MAR

MAIN | \$38

Lamb Rump with colcannon, creamy wilted spinach, oven roasted truss tomato, parmesan tuile, rich Jameson glaze

DESSERT | \$12

Baileys Irish Creme and cookie parfait

Available all day until sold out.

SUNDAY SESSIONS LIVE FROM 3PM IN OUR MAIN LOUNGE





North of South 27 Mar

FOR THE LOVE OF CURRY

BY JADE WAITE, HEAD CHEF AT BUNDEENA CSC

Being English and having curry voted as our number one dish, I've picked up a few tips and tricks on how to make the most delicious and flavoursome curries that we have here at Bundeena CSC.

Each and every curry of the week is carefully thought out with you, the guest, in mind! Our aim is to use new and fresh ingredients to create a variety of flavours that appeal to different palettes each week. In fact, all our curries are made from scratch every time!

To start, I gently toast my own blend of traditional whole spices until a fragrant aroma is produced.

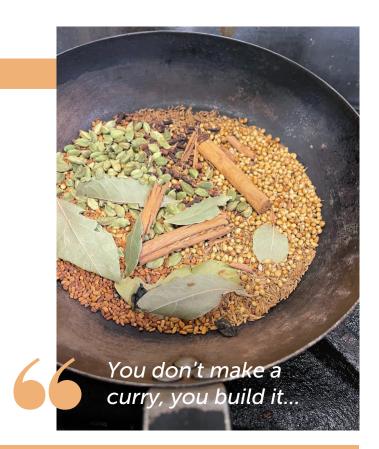
Then I build a base. There are a variety of styles, but I can let you in on one of my secrets, the popular vegan curry base is similar to a saag, created using only fresh vegetables.

Following that, I peel, chop and sauté in light oil lots of onions, before adding my toasted spices.

Next, I add a mountain of fresh baby spinach. Not only do I have whole spices, but I also cook through a selection of ground spices - this creates a thicker sauce and a more in-depth flavour. Once all of this has been thoroughly sautéed, I level it off with a vegan/gluten free stock which cooks everything through and lets the flavours combine.

After about an hour on a light boil, I proceed to blend all these ingredients together creating a thick flavoursome green spinach curry base (similar to saag).

Then I add my sweet potato, chickpeas and few more onions for crunch and texture.



Once all these ingredients have simmered until soft, I add a vegan friendly coconut cream. Made from the flesh of ripe coconuts, its natural sweetness and aroma enhances the flavour of the curry and gives a rich creamy texture without having to use any dairy products.

We then serve this hearty bowl of goodness with freshly toasted coconuts, coriander and an extra dollop of coconut cream.

This curry is an excellent source of vitamins and minerals including vitamin E and magnesium, a product of being full of spinach. It is sure to put a spring in your step and leave you bright-eyed and bushy-tailed.

Why not try one when you visit us next? Even if you love your meat, you will love this curry!



DINE

& DISC@VER NSW

DINE & DISCOVER VOUCHERS EXTENDED TILL 30 JUNE 2022



LIMITED SPOTS BOOK NOW

\$69_{pp}

FRIDAY 11 FEB From 7pm - 10pm

Tickets include 3-hour paint & sip class PLUS a glass of bubbles and cheese board on arrival!

No BYO food or drinks for this event.

\$1000

CHOCOLATE & SEAFOOD RAFFLE

FRI 15 - SUN 17 APR

...more in the next edition

Limited tickets available | BOOK NOW Scan the QR code to reserve your spot!

ANZAC DAY MON 25 APRIL

In

6am Dawn Service Breakfast in The Reserve Room 2up from 12pm

...more in the next edition

MEMBERSHIP from only \$5 bundeena CSC CABRA BOWLS group

JOIN NOW!

dining specials members discounts loyalty & rewards program courtesy bus

A Cabra Bowls Group membership offers you access to three great venues - Cabra Bowls, Bundeena CSC & Club Malua.

2022

Plus you'll be a part of our club loyalty program Lotus Rewards where you'll receive -

- \$10 birthday bonus points
- Special member pricing including pay by points discounts
- 10% discount on food

Ms Evelyn Daniels

12058

- Promotions and entertainment
- Plus so much more!

Simply fill out the form on the next page, tear it off and hand it in to a staff member!

explore & indulge

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MEMBERSHIP TYPE	3 Years \$10 1 Year \$5
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Mailing Address (if different from above)	
Suburb Postcode	de
Mobile Phone Home Phone	
Email Address	
Occupation	
Do you wish to be notified of upcoming promotions? Do you wish to receive gaming related material from the Club? Please indicate how you would like to receive notices that the Club is required to send.	Yes No Yes No is required to send. Email Post
NOTE: Your membership will be auto-renewed using valid points through the Clubs membership system. If you wish to opt out, please advise the Club via written consent. DECLARATION: I the undersigned, am over the age of 18 and I agree if accepted as a Member to abide by the Dules. Period and Byol and Byol and Club.	through the Clubs membership onsent. ee if accepted as a Member to abide
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signature of Applicant	OFFICE USE ONLY New Member #	1. Application Receipt Date	2. Application Notice Board Post Date	3. Date Elected by Board	Processed by:

privacy policy

Cabra Bowls Group is subject to the provisions of the Privacy Act 1988. See below for full details.

Group) is committed to protecting the privacy and personal information of all members, guests, visitors Privacy and Information Principles. Cabramatta Bowling and Recreation Club Limited (Cabra Bowls From the 12th March 2014, the Australian Privacy Principles (APPs) replaced the then existing and employees within the Group.

Use of Information

marketing purposes such as providing you with the latest information on club activities, promotions and required due to threat to life, health and safety or unlawful activity and is requested by relevant persons products and services. Upon request to the club your name will be removed from the mailing list if you club. The club does not usually disclose your personal information to any other organisation or person personal information confidential and secure. Your personal information may be used by the club for The club only uses information for the purpose for which it was collected for example entry into the unless there is a legal requirement to do so or unless the club reasonably believes the information is or authorities as part of an investigation. The club may disclose your information to third parties that provide services under contract to the club. These contracts require the third party to keep your do not wish to receive such information.

Keeping Information Secure

detection systems and limited password access. Staff are trained and reminded of their obligations and All personal information gathered is protected. Electronic records are kept on club premises or off site club buildings have alarms, cameras and guard surveillance as required. Data is destroyed as soon as using trusted third parties. Security safeguards include computer firewalls, viruses scanning intrusion possible with a balance being internal needs and the legal requirements in terms of the third parties who operate or hold data outside of Australia.

Access of Information & Correction of Information

requests will be made within 14 working days. The club will generally not charge a fee for you to access Change of names must be supported by legal documentation for example marriage certificate, change right to access any personal information that the club holds about you and a right of correction to your write to Cabramatta Bowling Club 82 Longfield Street Cabramatta NSW 2166. Responses to gueries or information. Requests can be addressed to info@cabrabowls.com.au, by telephone 02 9728 4344, or of name certificate. Change of addresses can be made in person, by letter or by email. You have the your personal information.

Complaints

possible will be made by the club to address those concerns. To lodge a complaint, please contact any informed of the progress of the complaint resolution. If the complaint is unresolved within 30 days, you procedures sent to you. A club representative will contact you within seven days and then keep you If you have a concern about your privacy you have a right to make a complaint and every effort of the venues within the Group and your complaint will be logged and full complaint resolution will be contacted, and agreement reached on an extended period.

Australian Information Commissioner by phone 1300 363 992 or www.oaic.gov.au or GPO Box 5218 procedure, complaints about handling personal information can also be directed to the Office of the If you are not satisfied with the handling of the matter, we suggest after following the complaints SYDNEY NSW 2001

CABRA BOWLS group



MON-THURS | 4PM TO 6PM \$4.50 SCHOONERS

> House schooners only. Not available Public Holidays. Bundeena CSC practices the Responsible Service of Alcohol.

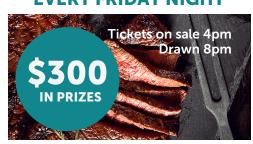


Great Prizes! Bring your mates!

Must be

present to win! \$18





CHOOSEDAY TUESDAYS

Every Tuesday evening, two main meals will be hand selected by our chefs.

Keep an eye on our Facebook page for the chosen specials each week!

Available from 5.30pm to 8pm.

starting

JACKPOT

AMOUNT

\$4,000

group membership BADGE C T a W

DRAWN EVERY TUE & THU AT 7PM & 8PM

Jackpot will increase by \$250 each draw day up to \$10,000 if unclaimed!

See reception for a copy of full Terms and Conditions.

(02) 9523 2115 | info@bundeenacsc.com.au bundeenacsc.com.au facebook.com/bundeenacsc2230



